

We have lots of fresh vegetables and fruit, but these change daily and prices change quite often so I am not going to list them all. We have all the regular ones and we do a lot of the Beechlawn Organic range. Call or email to check what we have.

We also have plenty in tins and jars – tomatoes and beans being the most popular..

<b>Fruit and Veg (Tinned or Jar)</b>	<b>Price</b>
EPICURE ORGANIC BUTTER BEANS 400G	€ 1.95
EPICURE ORGANIC RED KIDNEY BEANS 400G	€ 1.95
FRATELLI CHOPPED TOMATOES 400G	€ 1.35
FRATELLI PEELED PLUM TOMATOES 400g	€ 1.35
SICILIAN SEMI-DRY CHERRY TOMATOES 290g	€ 4.95
PEPPADEW MILD RED PEPPERS WHOLE 400G	€ 4.40
PEPPADEW HOT RED PEPPERS WHOLE 400G	€ 4.40
EPICURE PEACH HALVES SYRUP 400g	€ 1.95
OPIES COCKTAIL GHERKINS 227G	€ 2.25
OPIES RED COCKTAIL CHERRIES 227g	€ 3.95
EPICURE PEAR HALVES 410G	€ 1.95
VELOUITINOS NAT FERMENTED GREEK OLIVES GREEN 180G	€ 3.75
EPICURE GREEN PITTED OLIVES Jar	€ 2.15
KRAKUS SAUERKRAUT 490G	€ 2.25
THE CULTURED FOOD CO KIMCHI 300G	€ 5.75
BALLYHOURA SUPER D SHIITAKE 20G	€ 5.60
CHEF SLICED BEETROOT 50% EX FREE	€ 2.75
COOKS & CO ROASTED RED PEPPERS 460G	€ 4.35
EPICURE CHOPPED GARLIC IN VINEGAR 180G	€ 3.95
GHERKINS EXTRA FINE 37CL JAR	€ 2.95
KRAKUS RED CABBAGE 460G	€ 2.35
LA ROSSA CAPERS 150G	€ 2.35
LA ROSSA S/DRIED TOMATOES JAR	€ 3.99
OPIES PICKLED WALNUTS 390G	€ 5.80
OPIES STEM GINGER IN SYRUP 280g	€ 3.70
ORGANIC RUBY RED SAUERKRAUT 400G	€ 5.75
SICILIAN SUN DRIED TOMATOES 300G	€ 4.95